

RegenesiS Institute for Regenerative Practice

Resourcing Fundamentals Course

2022-2023 Syllabus

RegenesiS Institute Mastery Courses are designed to support continuing growth and development of the effect and effectiveness we can have as regenerative practitioners. Each of them builds on the experience of The Regenerative Practitioner Series, bringing new perspectives to frameworks and concepts from TRP, opening up insights about their relevance and utility while deepening understanding of how they work. Like TRP, these courses emphasize application, weaving regenerative thinking into the fabric of our work and personal lives, drawing on the more spacious schedule to create opportunities for real-time engagement between sessions.

The Resourcing Fundamentals course aims to develop practitioners' ability to regenerate the field within which people can reconnect to their own source of knowing and insight. Core to the course is the focus on a resource's inner development required to serve the inner development of others, i.e., regenerate their thinking, being, and will toward producing a higher order of results at multiple levels of nested systems.

Becoming a better-skilled resource offers practitioners an opportunity to evolve their work: by leveraging the traditional facilitation/coaching/consulting roles they often play, they will be able to build increased receptivity within their beneficiary systems (e.g. clients, co-creators, stakeholders, communities) to the value that regenerative work seeks to bring.

Work scope: Ten 2-hour Zoom sessions, totaling 20 hours of faculty-led session time. In between sessions, participants will meet in a triad within their study group to practice their resourcing skills, for an additional study time of no more than 2 hours per session.

Overview of Course Sessions:

Session 1: What is a Resource

This introductory session investigates the nature of the resourcing process and the being qualities required from a resource. It also explores why the role of a resource is core to regenerative development and the implications for working with clients and other professionals involved in a project.

Session 2: Coalescing the Inner and Outer Capabilities of a Resource

This session introduces the meta-framework for the course (Hexad for Developing as a Resource) and invites students to develop an experiential understanding of the six functioning (or outer) capabilities of a resource. The need to coalesce the outer and inner (or being) capabilities is presented as essential to maximize the effect of any resourcing process.

Session 3: Developmental Dialogue with a Socratic Approach

With this session begins the in-depth exploration of the six capabilities of a resource starting with the introduction to the Socratic approach, which is fundamental to engaging others in developmental dialogues. Students assess themselves against the five pillars of the approach and identify the restraints that limit their ability to engage others from it. The need for engaging in dialogues from a deep sense of caring (external considering) is emphasized.

Session 4: Nested, Systemic Potential

In this session, students develop their ability to image a whole system dynamically, from a deep sense of caring, to uncover, and help others uncover, nested systemic potential.

Session 5: Remaining in Integrity with the Regenerative Approach

The regenerative approach is grounded in a specific epistemology, cosmology, and ontology that provides the ground for our understanding of how people learn, how the world/universe works, and how living beings evolve. This session offers students an opportunity to build discernment about their resourcing approach so that they can evolve it to be in integrity with regenerative principles.

Session 6: Essence Discernment

This session contrasts essence thinking with existence thinking. Students develop their capability to see beyond existence through deep inner listening and imaging to uncover implicate patterns that are not accessible through the five senses. This enables them to ‘see’ what is core and unique about a situation, person, or living system.

Session 7: Self-Management Capacity

Playing a resource role comes with a level of responsibility and accountability toward the development of the person one works with. In this session, students develop their capabilities to manage their state of being and behavior so that they can engage in future resourcing sessions more consciously and conscientiously.

Session 8: Living Systems Framework Thinking

This session aims at building living systems framework literacy to increase rigor, discipline, and discernment in resources. Students use diverse living systems frameworks to see the mental processes, paradigms, levels of energy, and so on operating in the person they resource, and use that understanding as the basis of the resourcing process, to upgrade thinking, without resorting to tell or share modes of communication.

Session 9: Bringing it All Together

In this session, students experience the wholeness of the resourcing process by practicing using all six resourcing capabilities simultaneously in the design of an upcoming event where they are called on to be a resource to a group. The session provides an opportunity for students to assess how much they have learned over the past sessions and identify the restraints that are still limiting their capacity to engage others in powerful developmental sessions.

Session 10: Creating a Developmental Path Forward

In this final session, students reflect on the whole course. They explore the effects they have witnessed on the larger systems in which the people they have resourced operate; the shifts in the people/groups they have engaged; and the inner and outer shifts in themselves.

They create a path forward by exploring endeavors they want to pursue in the near future that will require them to step up their resourcing capabilities.